ABOUT Us

Established in 1950, the Mental Health Association of Monmouth County is an affiliate of the national nonprofit Mental Health America. Our professional staff has been on the forefront of creating a meaningful system of mental health care that strategically focuses on eliminating social barriers and mental health discrimination.

With over 15 programs and services, we create healthy communities for the future.

IMMEDIATE HELP:

If you are experiencing a mental health emergency, dial **911**.

24-HOUR CRISIS RESPONSE:

- National Suicide Prevention Lifeline (800) 273-8255
- Crisis Text Line: **741741**
- Psychiatric Emergency Screening Services (PESS): (732) 923-6999
- Early Intervention Support Services (adults): (732) 922-1042

Our **PROGRAMS**

HOUSING & FINANCE

- Financial Success Center
- Housing Navigation
- Red Bank Resource Network

CASE MANAGEMENT

- Community Support Services
- Family Crisis Intervention Unit
- PATH

EDUCATION

- Lifelines Suicide Prevention
- Mental Health First Aid (MHFA)
- SURE Program

COUNSELING

- Intensive Family Support Services
- Navigate Wellness Counseling

103 Drs. James Parker Blvd, Suite B Red Bank, NJ 07701 p (732) 383-5135 | f (732) 383-5108 mha@mentalhealthmonmouth.org www.mentalhealthmonmouth.org











A FREE BILINGUAL community walk-in center

that **EMPOWERS** individuals and families





with **SOLUTION**-**BASED** strategies



of Monmouth County

An Affiliate of

Mental Health America

About the **PROGRAM**



SERVICES offered



Client **ELIGIBILITY**



ENCOURAGING GROWTH

There is a direct relationship between housing, finance, and mental wellness, so our approach is holistic: we empower individuals and families with solution-based strategies that promote independence and personal fulfillment.

The Red Bank Resource Network, a program of the Mental Health Association of Monmouth County, is a free community walk-in center that provides comprehensive health, housing, food, social, and financial resources to individuals and families.

BUSINESS HOURS

Monday-Friday 9:30am-4:00pm

For more information or to schedule an appointment, call **(732) 383-5135**.

Red Bank Resource Network's free bilingual services focus on skills development to improve overall wellness, offering:

- Information and referral, including Covid-19 and connections to Social Services
- Benefits applications assistance (health insurance, SNAP, etc.)
- Emergency rental assistance
- Utility payment programs
- Financial resources
- Outpatient counseling and mental health support groups
- · Job search and resume building
- · Work and rent affidavit letters
- · Basic translation services
- Notary services

BUSINESS CENTER

We offer complimentary access to computer workstations with high-speed internet. Fax services available.

Walk-in services are available to Monmouth County residents 18 years and older.

ON-SITE PROVIDERS

Health Insurance Tuesdays, 10am-3pm

Food Stamps / Health Insurance Thursdays, 9:30am-4pm