ABOUT Us

Established in 1950, the Mental Health Association of Monmouth County is an affiliate of the national nonprofit Mental Health America. Our professional staff has been on the forefront of creating a meaningful system of mental health care that strategically focuses on eliminating social barriers and mental health discrimination.

With over 15 programs and services, we create healthy communities for the future.

IMMEDIATE HELP:

If you are experiencing a mental health emergency, dial **911**.

24-HOUR CRISIS RESPONSE:

- National Suicide Prevention Lifeline (800) 273-8255
- Crisis Text Line: **741741**
- Psychiatric Emergency Screening Services (PESS): (732) 923-6999
- Early Intervention Support Services (adults): (732) 922-1042

Our PROGRAMS

Adult

- Community Support Services
- Housing Navigation Program
- Intensive Family Support Services
- PATH

Community

Red Bank Resource Network

Therapy & Prevention

- Intensive In-Community Counseling
- Lifelines Suicide Prevention
- Mental Health First Aid (MHFA)
- Outpatient Services

Youth

- Family Crisis Intervention Unit
- Family Navigator Program
- · Parent-Child Conflict Resolution

106 Apple Street, Suite 110 Tinton Falls, NJ 07724 p (732) 542-6422 | f (732) 542-2477 mha@mentalhealthmonmouth.org www.mentalhealthmonmouth.org











Family Crisis
INTERVENTION UNIT
& WRAPAROUND
Services

to STABILIZE
YOUTH IN CRISIS and





encourage POSITIVE DEVELOPMENT

Mental Health Association of Monmouth County



About the **PROGRAMS**



SERVICES offered



Client **ELIGIBILITY**



Children's mental health matters, and promoting a child's mental health means helping them feel secure, relate well with others, and foster their growth at home and school.

FAMILY CRISIS INTERVENTION UNIT

Stabilizes youth (10-17) in crisis and encourages positive development through connections to community resources, interpersonal relationships, and academic success.

PARENT-CHILD CONFLICT RESOLUTION

Free in-home counseling and case management for children with behavioral difficulties, with a focus on improved academic performance and reduced family conflict.

Our licensed clinicians assess behaviors and prevent involvement with the juvenile justice system.

Intensive services include, but are not limited to:

- Trauma-informed counseling for individuals and families
- Comprehensive assessment
- Community linkage
- Case management
- Referrals for other resources and services

Family Crisis Intervention Unit is available 24/7, providing crisis intervention, stabilization, and short-term family treatment. Services may be provided in the family's home.

When all community resources have been exhausted and the child's difficult behavior persists, FCIU may request court involvement.

DIRECT REFERRAL

Family Crisis Intervention Unit is available to Monmouth County youth ages 10-17.

FCIU Hotline:

(732) 542-2444 (732) 996-7645 (after 5pm)

NON-DIRECT REFERRAL

Parent-Child Conflict Resolution referrals are made through the Family Crisis Intervention Unit and Monmouth County schools.

Youth ages 10-17 are eligible to receive up to 16 weeks of in-home counseling and case management.