



*Building Resilient  
Communities ...*

**TOGETHER**

The Mental Health Association of Monmouth County



2017 ANNUAL REPORT

## A NOTE FROM WENDY DEPEDRO, MSED. CHIEF EXECUTIVE OFFICER



In 2017 the MHA of Monmouth County completed its 67<sup>th</sup> year of providing leadership in advocacy, programs, services, and education to individuals and families affected by mental illness. Never before has it been more important to have an open dialog on the State of Mental Health in America. Eighteen percent of adults have a mental health condition encompassing over 43 million Americans. The mental health of our youth is worsening with suicide ranking as the 2<sup>nd</sup> leading cause of death for 10 to 24 year olds. In light of this, the MHAMC along with our national affiliate Mental Health America continues to promote our “B4Stage4” message that addresses mental health as an overall part of wellness that includes prevention for all, early identification and intervention for those at risk, easy access to services for those who need them, with recovery as a goal.

This year the agency increased its ability to provide a free comprehensive suicide prevention training program to schools and communities throughout Monmouth County. Thanks to a generous grant from Impact 100 Jersey Coast in combination with other funding sources, the number of schools trained by the end of 2018 is projected to be upwards of 80 reaching 2,952 faculty and staff. In addition, partnerships and collaboration with key stakeholders within a number of communities has built resiliency and increased the public’s knowledge of how to handle the mental health concerns of their neighbor’s, family and friends.

In keeping with offering a full array of services the agency opened an Outpatient Mental Health Program this year that provides individual and family counseling. This program is underscored by confidential and compassionate therapy utilizing evidence based and trauma informed interventions at 2 locations in Red Bank and Shrewsbury.

We are proud of MHAMC’s prevention focused role in Monmouth County and throughout the state in identifying gaps in the mental health system of care and working with our partners to find solutions. Our Board members and team of professionals take pride in assuring that services are of the highest quality with a focus on sensitivity to the stigma that might keep anyone from seeking help.

Thank you for your generous support and helping us spread the word that there is no health without mental health!

Warm Regards, Wendy DePedro, MSED. President /CEO



MHAMC Board chair, Thomas Schember (center), CEO Wendy DePedro and Susan Tellone, VP of Programs and Community Education, attended the Allergan grant award luncheon. They are pictured here with Allergan Foundation executives.



Mary Riley, Impact 100 Jersey Coast grant chair presents award to Wendy DePedro and Susan Tellone at Impact’s annual dinner held in November at the Navesink Country Club.



Laura Huderwitz of Provident Bank presents check to support services at Red Bank Resource Network.

# MHAMC AWARDED GRANTS to SUPPORT YOUTH AND FAMILY PROGRAMS

In 2017, the Mental Health Association was awarded \$143,500 in grants to support Red Bank Resource Network’s social services, MHAMC’s Lifelines Suicide Prevention program, and free programs aimed at building resiliency in the community.

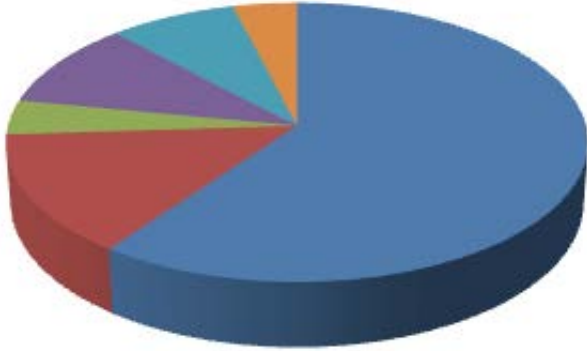
Thank you to the following grantors for their generous contributions and commitment to the mission of MHAMC and those it serves.

- Allergan Foundation
- Impact 100 Jersey Coast
- Monmouth Park Charity Foundation
- New Jersey Resources
- Provident Bank
- United Healthcare Community Plan

# FINANCIAL PROFILE

## 2017 Financial Profile Revenue by Source

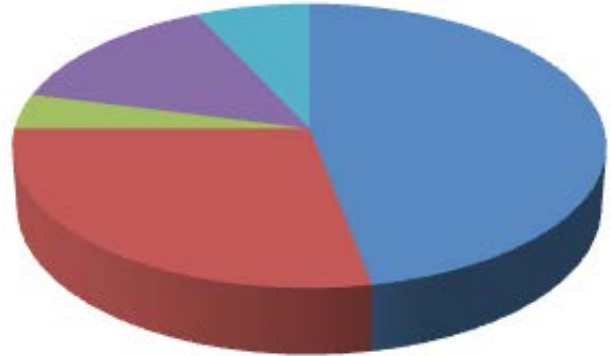
- State of NJ Grants 60%
- Monmouth County Grants 14%
- Federal Grants 4%
- In-Community Services 10%
- Fundraising & Contributions and other Grants 4%
- Grandview Social Services 4%



## 2017 Expense Profile

2017 Total Annual Operating Expenditures \$2,673,989

- Adult Mental Health Services 47%
- Children's Mental Health Services 28%
- Community Social Services 4%
- Core Mission Support 14%
- Fundraising 7%



# 2017 PROGRAMS AND SERVICE IMPACT

## SOCIAL SERVICES

### Red Bank Resource Network (RBRN)/Grandview Social Services Program

- 1,064** unduplicated households served (RBRN)
- 1900** children served (RBRN)
- 5,000** social service referrals and linkages provided (RBRN)
- 140** unduplicated families served (Grandview)

## HOUSING

### Housing Navigator Program/Community Support Services/Project for Assistance in Transition from Homelessness

- Provided 204 individuals** diagnosed with serious mental illness support for independent living and affordable housing
- Provided 274 individuals** facing housing insecurity pathway out of homelessness

## INFORMATION & REFERRAL SERVICES

**2,400** referrals and linkages provided

## FAMILY SERVICES

### Family Crisis Intervention Unit (FCIU)

**447 youth** (ages 10-17) served in Monmouth County schools

### Intensive Family Support Services (IFSS)

**173** families served

# SPECIAL EVENTS

## ANNUAL DINNER



2017 Annual Dinner Committee- Kelly Dunn O' Conner, Elizabeth Bond, Michele Brucker-Collier, Erika Woods, and Cathy Radeschi.



Dr. Robin Mama of Monmouth University, Kathy Collins of Monmouth Cares, and Andrea Plaza of the Community YMCA enjoy the cocktail hour.



Senator Joseph Kyrillos pictured with Philanthropy honoree Gary Puma, CEO & President of Springpoint Senior Living.



George Whitelaw, Foundation Board Chair with 2017 Board Inductees Patricia Holsey, William McCoy, and Denise Wegeman.

## FALL CELEBRATION



Dr. Joseph Miller of Hackensack Meridian Health enjoying the evening with his lovely wife Susan.



Minding Your Mind's Katya Palsi and Guy Iacono, supporting the event.



Red Bank residents, Kris and Ed O'Neill come out to celebrate the night!



Foundation Board member Ruth Palacio pictured with friend Karen Siciliano, one of MHAMC's long time benefactors.

## GOLF CLASSIC



Springpoint Senior Living executives, Anthony Argondizza & Gary Puma enjoy a great day of Golf at Navesink Country Club.



Vincent Buffa and Michael Irwin of Performance Food Group, event sponsor, await our Opening Ceremony.



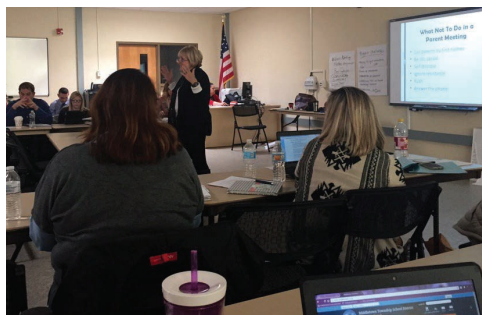
Ron Gaffney with brother and evening Keynote Speaker Glen Gaffney enjoy lunch before teeing off.



Jack Black, committee member Tim McMahon, committee member Phil Villapiano and John Villapiano pictured on the course.

# COMMUNITY MATTERS

In every communication in which the MHA is involved we focus on the importance of collaborative efforts to accomplish our mission. We understand that having strong partnerships with other local providers strengthens our network of resources that we can use to help families and children in Monmouth County. ***And we have fun doing it!***



*“Everyone has a role to play and an interest in the well-being of each of our neighbors.”*

TOGETHER WE CAN MAKE A DIFFERENCE

## WAYS TO GIVE



**TEXT CHANGES TO 91999 TODAY**

**DONATE ONLINE:** [mentalhealthmonmouth.org](http://mentalhealthmonmouth.org)

**DONATE BY PHONE:** 732.542.6422 ext 107

**DONATE BY CHECK:** Payable to the Mental Health Association of Monmouth County and mail to 119 Avenue at the Common, Suite 5, Shrewsbury, New Jersey 07702

Please consider doubling your impact by using your employer’s donation matching program or supporting with a planned gift.

*The Mental Health Association of Monmouth County (MHAMC) is a 501c3 non-profit organization, federal tax id 21-0665639. MHAMC is an affiliate of the Mental Health Association in New Jersey and is affiliated nationally with Mental Health America.*

## OUR MISSION:

*The Mental Health Association of Monmouth County is dedicated to promoting mental health and wellness and improving the care and treatment of persons affected by mental illness.*

**Wendy DePedro, MSEd**  
*Chief Executive Officer*

### BOARD OF TRUSTEES *Chair*

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Karen Van Natten, MA

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Erika L. Woods, MSW

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Marybeth Kopec

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James Fagen

Freda Fink, LCSW

John A. Gibney

Edward Johnson

Doug Labrecque

Desiree J. Land

Mike McLaughlin

Ramon Solhkhah M.D.

### FOUNDATION BOARD *Chair*

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### *Vice Chair*

Donna Crosson, PhD

### *Treasurer*

Joseph Silvestri

### *Trustees*

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Fred Beshore

Michele Brucker-Collier, DMD

Laura Brunetti

Patricia G. Holsey

William McCoy

Lori Krikorian

Ruth Palacio, MS, CASAC

Nancy Pearson

Kate Sharkey

Denise Wegeman

# IMPACT

...helping individuals, children, and families

...closing the gaps in the mental health system of care

...educating our communities

...providing trauma focused counseling

...advocating for care that focuses on prevention and wellness

## COMMUNITY SUPPORT SERVICES

Community Support Services

Housing Navigator Program

Information and Referral Services

Intensive Family Support Services (IFSS)

Projects for Assistance in Transition from Homelessness (PATH)

## SOCIAL SERVICES

Grandview Social Services Program

Red Bank Resource Network (RBRN)

## FAMILY & CHILDREN SERVICES

Division of Child Protection and Permanency Wrap Around Program (DCC&P)

Family Crisis Intervention Unit (FCIU) & Wrap Around Services

Intensive In Community Program (IIC)

Time to Grow: In School Prevention

## COUNSELING

Outpatient Counseling Services

## PREVENTION EDUCATION

Caring Competent Communities

Lifelines Comprehensive Suicide Prevention Program

Mental Health First Aid

THE MENTAL HEALTH ASSOCIATION  
OF MONMOUTH COUNTY

An Affiliate of



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[mha@mentalhealthmonmouth.org](mailto:mha@mentalhealthmonmouth.org)

*The Mental Health Association of Monmouth County is an affiliate of the national organization Mental Health America and the Mental Health Association of New Jersey.*