# **ABOUT** Us

Established in 1950, the Mental Health Association of Monmouth County is an affiliate of the national nonprofit Mental Health America. Our professional staff has been on the forefront of creating a meaningful system of mental health care that strategically focuses on eliminating social barriers and mental health discrimination.

With over 15 programs and services, we create healthy communities for the future.

#### **IMMEDIATE HELP:**

If you are experiencing a mental health emergency, dial **911**.

#### **24-HOUR CRISIS RESPONSE:**

- National Suicide Prevention Lifeline (800) 273-8255
- Crisis Text Line: **741741**
- Psychiatric Emergency Screening Services (PESS): (732) 923-6999
- Early Intervention Support Services (adults): (732) 922-1042

# Our **PROGRAMS**

### **HOUSING & FINANCE**

- Financial Success Center
- Housing Navigation
- Red Bank Resource Network

#### CASE MANAGEMENT

- Community Support Services
- Family Crisis Intervention Unit
- PATH

### **EDUCATION**

- Lifelines Suicide Prevention
- Mental Health First Aid
- SURE Program

### **COUNSELING**

- Intensive Family Support Services
- · Navigate Wellness Counseling

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Projects for Assistance in Transition from Homelessness (PATH)

for ADULTS with
MENTAL ILLNESS
and/or co-occurring
substance use





who are **HOMELESS** or at **IMMINENT RISK** 

Mental Health Association of Monmouth County

An Affiliate of



# About the **PROGRAM**



# **SERVICES** offered



Client **ELIGIBILITY** 



## **DEVELOPING STABILITY**

Social determinants strongly impact mental health, and when an individual struggles to meet their most basic needs, the risk for developing mental health concerns increases.

Our PATH program provides free case management services to help Monmouth County adults develop stability, with linkages and referrals aimed at remediating homelessness.

**PATH** offers services that may not be supported by mainstream mental health programs, including but not limited to:

- Outreach
- Screening and diagnostic treatment
- Referrals for primary health care, employment, educational services, and housing
- Mental health and substance use disorders treatment
- Relationship building with families and natural supports
- Access to financial assistance services, general assistance, emergency assistance, and Medicaid
- Assistance with transportation

## **DIRECT REFERRAL PROCESS**

Our PATH case managers assist Monmouth County residents who:

- Are 18 years of age and older
- Are homeless (or at imminent risk)
- Have been diagnosed with a severe mental health condition
- May have a co-occurring medical condition that has remained untreated

Consumers may have a history of nonengagement with services, active substance use, and an absence of financial benefits and other support systems.

If you or someone you know is in need of these services, call **(732) 383-5135**.

**PATH** cannot accept new consumers who are receiving other case management services.